Toronto Functional Medicine Centre Explains the Importance of NAD IV Therapy in Toronto

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TORONTO, ON - August 08, 2023 -
Toronto Functional Medicine Centre in Toronto, ON, Canada, has explained the importance of NAD IV therapy in Toronto and for whom it is suitable. Nicotinamide adenine dinucleotide (NAD) intravenous (IV) infusions are usually recommended for people who have low energy levels or a fuzzy memory. This is because the cofactor NAD is an essential metabolic regulator of cellular redox reaction and it is a cofactor for enzymes that are vital for normal cellular function in various tissues. NAD is a coenzyme that takes on different kinds of roles in the human body. It has been observed to transform ingested food into energy, optimize cognition, cell health and muscle health, regulate sleep-wake cycles, and promote DNA repair.

Unfortunately, the levels of NAD decline as people age, which is one of the reasons why people suffer from age-related issues, such as forgetfulness. At the Toronto Functional Medicine Centre, NAD IV therapy is provided to patients, in combination with sublingual supplements to help patients maintain optimum NAD levels. According to an article in ?Frontiers in Aging Neuroscience,? more and more studies have emerged that support the idea that keeping optimum levels of NAD+ may be beneficial in those situations where there is insufficient synthesis or increased NAD+ turnover, including Alzheimer?s disease and other neurodegenerative diseases and the aging process.

Because NAD can provide enhanced cellular energy, cell vitality, and brain function, NAD supplementation may possibly offer support for various health issues, such as: cardiovascular health; memory issues; Alzheimer?s, MS, Parkinson?s; cellular damage (mitochondrial disease); chronic fatigue syndrome; diabetes; mental health (i.e. anxiety, depression, chronic stress); and substance withdrawal symptoms.

NAD IV therapy may be used as support for helping fine-tune certain body functions. It might also help in replenishing neurotransmitters and enhancing cognition, particular for those who are experiencing brain fog. The functional medicine providers at Toronto Functional Medicine Centre are ready to discuss the possible use of NAD IV therapy whether the person?s goal is to increase energy levels, enhance mental performance on the job, or support post chronic illness recovery.

When provided in combination with appropriate lifestyle changes and other treatments, IV therapy may offer a number of health benefits. The IV Lounge at the Toronto Functional Medicine Centre offers daily compounded and personalized vitamin drip therapies and their menu includes a range of essential vitamins and minerals: amino acid building blocks, glutamic acid, vitamin C, glutathione IV, folic acid, and other vitamin infusions. As a result of their integrative approach to health care, they want to encourage patients to follow through with their wellness treatment to help them achieve optimal functioning. The functional medicine treatments they offer may be used for a range of health issues, including immune function, blood pressure issues, chronic and acute care, nutritional deficiencies, skin vitality, and thyroid conditions.

At the IV Lounge, they offer various kinds of IV infusions. These include: customized IV drips designed for specific health needs; Mas Hydration IV drip for for rehydrating the body after extreme fluid loss and long physical exertions; the Energizer IV drip; high-dose vitamin C drip; detoxifying IV drip; relaxation IV drip; anti-aging IV drip; migraine support IV drip; and more.

Those who are interested in IV therapy in Toronto, including the various types of NAD therapy, can check out the Toronto Functional Medicine Centre website or contact them on the phone at (416) 968-6961 or through email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays and Wednesdays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; from 9:00 am to 5:00 pm on Fridays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine

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Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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