



Toronto Functional Medicine Centre Explores the Use of NAD IV Therapy in Toronto for Substance Abuse Recovery

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has explored the use of NAD IV therapy Toronto for substance abuse recovery in a newly released blog post. Because of the impact of addiction on body stress and brain health, functional medicine health care providers believe that well-rounded treatments that promote healing of the body, mind, and spirit, may help in promoting substance abuse recovery. They employ NAD IV therapy as a support for compulsion syndrome recovery.

NAD IV therapy may help reduce the withdrawal effects when used in conjunction with a medical detox program, including regular consultations with a counselor or therapist, a functional medicine nutrition program, and a support group. Recent research has indicated that due to the dependence of enzymes and metabolism on NAD, NAD may have an impact on the signaling processes that have to do with compulsive substance use. Specifically, studies have indicated that anxiety and depression may be linked to mitochondrial malfunction. Thus, it is possible that NAD IV therapy may be used as mood support for recovering from substance abuse, particularly since NAD is already known to support DNA and cellular repair. And it is vital to understand that substance abuse recovery is interlinked with various aspects of

health, including cell health replenishment, cardiovascular health, mental health and adverse brain chemical changes.

At their Toronto Functional Medicine in Toronto, freshly compounded intravenous drips are intended for helping with brain fog, oxidative stress, and DNA repair. Their list of IV therapies includes NAD IV therapy, including amino acids for energy improvement, high-dose vitamin C for immune function, and IV therapy for anti-aging. In addition, they always customize IV treatment for each particular patient.

Meanwhile, NAD IV therapy may also help enhance fertility. This is due to the link between NAD and mitochondrial function and the health of the undeveloped eggs in the ovarian follicles, which are called oocytes. Research results have indicated that mitochondrial malfunction resulting from reduced levels of NAD can play an important role in infertility, whether due to aging or the environment. Furthermore, research has shown that the quality of oocytes declines as the levels of the metabolic cofactor NAD⁺ decline. NAD levels in the body can be increased through IV therapy. Because the NAD is delivered intravenously, it is immediately available to the cells.

Aside from the NAD IV drip, Toronto Functional Medicine Centre also offers other types of IV therapy. For instance, there is the detoxifying IV drip, which is intended to help detoxify the body from free radicals. It contains glutathione and other nutrients to promote detoxification. This may also help with reducing the severity of symptoms from autoimmune diseases, multiple sclerosis (MS), fibromyalgia, Parkinson's, chronic fatigue, heavy metal toxicity, and conditions involving the thyroid.

There is also the anti-aging IV drip, which is a nutritional drip with anti-inflammatory ingredients that have been noted to help enhance skin elasticity and promote the growth of hair and nails. Some of the results of this IV drip are improved complexion and additional support for wrinkles related to aging.

The Toronto Functional Medicine Centre takes an integrative functional medicine approach, where they combine functional medicine techniques with alternative medicine, such as traditional Chinese medicine (TCM) or Eastern medicine, allopathic medicine, herbal medicine, homeopathic medicine, bio-identical hormone replacement, and more. They use both functional medicine and alternative therapies for different kinds of health problems, including: chronic disease, hormone imbalances, neuropathic pain, postmenopausal health issues, acute health issues, and more. The health conditions that they may help with include: chronic fatigue, tissue repair, cellular damage, DNA repair, athletic recovery, mineral deficiencies, thyroid conditions, infertility, immune function, adrenal function, skin rejuvenation, and others.

If readers would like to know more about the different IV therapy services available in Toronto, including the link between NAD IV therapy and mental health, check out the Toronto Functional Medicine Centre website, or contact them through the telephone at (416) 968-6961 or via email at info@tfm.care.

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For more information about Toronto Functional Medicine Centre, contact the company here: Toronto Functional Medicine Centre Heather Claus (416) 968-6961 info@tfm.care Toronto Functional Medicine Centre 55 Avenue Rd 204 A Toronto, ON M5R 3L2

Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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