Bluegrass Recovery Center Provides Outpatient Addiction Treatment and MAT for Louisville

September 15, 2026

LOUISVILLE, KY - September 15, 2026 -
Bluegrass Recovery Center, a Joint Commission-accredited outpatient addiction treatment provider at 8006 National Tpke, Louisville, KY 40214, published an overview of its programs for adults recovering from substance use and co-occurring mental health disorders across Louisville and Jefferson County. The rehab center operates three outpatient levels of care with medication-assisted treatment, psychiatric services, and the wraparound supports ? housing coordination, transportation, peer support ? that decide whether outpatient treatment is actually attendable.

Care is structured across a Partial Hospitalization Program, an Intensive Outpatient Program (IOP), and an Outpatient Program, so patients step down in intensity without having to change providers. The center treats alcohol, opioid, heroin, fentanyl, benzodiazepine, cocaine, methamphetamine, and prescription drug addiction, with a dual diagnosis treatment program addressing depression, anxiety, trauma, and other psychiatric conditions alongside substance use. Medication-assisted treatment and psychiatric services run through all levels, with cognitive behavioral therapy, dialectical behavior therapy, and family therapy and education carrying the clinical program.

What distinguishes the center's model is the layer around the clinical care: case management, peer support services from people in recovery themselves, supportive housing and transportation coordination, and participation in the Jefferson County HIP program. In a city where getting to treatment is often the barrier that beats treatment itself, the center treats logistics as clinical infrastructure.

For adults seeking drug rehab in Louisville, cost, transportation, and housing are frequently the deciding constraints, and the center's programs are structured so those constraints are addressed inside the treatment plan rather than left to the patient.

The insurance layer is built for how Louisville actually pays for treatment: alongside commercial plans, the center accepts Kentucky Medicaid managed-care plans including Passport by Molina Healthcare, Humana Healthy Horizons, WellCare of Kentucky, UnitedHealthcare Community Plan, Anthem Medicaid, and Aetna Better Health. Coverage is verified before admission, same-day admission is available when clinically appropriate, and the center's psychiatric services handle prescribing and monitoring in-house rather than through an outside clinic.

Assessment is free and confidential, covering substance history, mental health, and practical barriers like transportation and housing, so the treatment plan accounts for all three from day one. Psychiatric evaluation and medication management are available in-house, DUI services are provided, and the center is locally owned and women-owned. The center also publishes cost and payment information openly on its website, including per-substance cost guides and how-to-pay resources, so patients can understand the financial picture before they call.

Peer support specialists, people in recovery themselves, attend group programming alongside licensed clinicians, and case managers handle transportation, housing, and benefits questions so that clinical hours stay clinical. DUI services and family therapy and education run alongside the core program.

The center at Louisville, KY accepts Aetna, Blue Cross Blue Shield, Passport by Molina Healthcare, UnitedHealthcare, Humana, Cigna, and Anthem, and verifies coverage before admission. Program details are published by Bluegrass Recovery Center, and the center profile is available through Bluegrass Recovery Center on Google.

About Bluegrass Recovery Center

Bluegrass Recovery Center is a Joint Commission-accredited outpatient addiction treatment provider in Louisville, Kentucky, operating a Partial Hospitalization Program, an Intensive Outpatient Program, and an Outpatient Program with medication-assisted treatment, dual diagnosis care, psychiatric services, peer support, case management, and housing and transportation coordination. Bluegrass Recovery Center is located at 8006 National Tpke, Louisville, KY 40214. Telephone: (502) 264-8024. Email: info@bluegrassrecoverycenter.com. Website: bluegrassrecoverycenter.com.

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For more information about Bluegrass Recovery Center, contact the company here:Bluegrass Recovery CenterBluegrass Recovery Center(502) 264-8024info@bluegrassrecoverycenter.com8006 National TpkeLouisville, KY 40214

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Bluegrass Recovery Center is a Joint Commission-accredited outpatient drug and alcohol rehab in Louisville, KY, providing PHP, IOP, outpatient treatment, medication-assisted treatment, and dual diagnosis care for the greater Louisville area.

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